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Hans-Martin Rothe

## FUNCTIONAL DISORDERS IN INTERNAL MEDICINE AND THE SIGNIFICANCE OF THE PHYSICIAN-PATIENT-RELATIONSHIP IN THEIR TREATMENT

### Abstract

The problem of medically unexplained complaints is despite all the technology progress in diagnostic still not solved. Patient with somatoforme disorders can be seen as the index-patient of our medical System.

Patients with somatoform disorders fall in the gap of a medical approach, which take into account only objective signs and objectifyable facts. For Patient with such diseases which manifestate itself "only" with functional symptoms, become this kind of medicine a great problem; the more the technical diagnostical progress steps forward.

The cognitive and emotional dissonance to have severe symptoms and otherwise to become to hear, that are everything is in order, leads to a specific problem for the relationship of patient and his doctor.

How can this specific problem for the relationship and in the relationship be managed. Relation based medicine is necessary, when the attempt of treatment will not go wrong.

Psychodynamic models of the aetiology of somatoform disorders, which were described in the paper, can help to understand, what happens with the patients and in their inner world. A better understanding helps to get a therapeutic attitude on which it is possible to held a relying contact to these patients and intitiate a symptom and person-orientated Therapy.

In the worshop

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### *Curriculum vitae*

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Study of medicine, psychology, theology in Göttingen and Heidelberg.  
Scientific work on the “History and reception history of the Heidelberger school of anthropology and psychosomatic medicine. Title Doctor of Medicine 1985  
Education in Internal medicine, Degree as Specialist 1994,  
Education in existential analysis and logotherapy (GLE, Wien) Degree 1990  
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From 1994 Senior physician in Clinic for Psychosomatic medicine Klinik Schwedenstein, Pulsnitz (Dresden)  
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