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NATUROPATHIC ROOTS OF MODERN MEDICINE

Abstract

Phytomedicine/pharmaceutical plant has been a source of food from primitive times, as in Mesopotamia and Egypt, as well as being used for healing purpose. Avicenna and Galen used plant-based medicine in their academics. In China and Asia, the use of Chinese and Ayurvedic medicine spread to the new world, in the New,world they had full access of the benefits of the plants. The products were used to alleviate pain, specific for every system, as anti-inflammatory, hallucinogens, anti-neoplastic, cardiotoxic, hormonal properties, and stimulants and some have anti-parasitic properties. From the 17th century at this stage world started to extract and make it wider available .,More than 80 percent of the less developed countries are relying on botanical medicines, and in our present modern medicine there are over 60 percent in developed countries use phytochemicals. For example Foxglove to make digoxin benefiting the heart, for psycho-emotional St. John's wort, opium to make morphine, and Ginkgo is used for mental stimulant.

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