

**Balint group training. Theory and Application****Scientific Editors***Bohdan W. Wasilewski, Lilianna Engel**ISBN 978-83-87277-20-8**© Warsaw, IPS Publications, 2015**2015. – 253 p., updated and extended English edition*

This newly translated into English text, edited by Drs. B. W. Wasilewski and L. Engel, provides an introduction to the theory of Balint group work and a comprehensive overview of the current state of Balint group work in Poland. The chapters deal with important topics that include the origins of Michael Balint's work, current applications in the work of family doctors, psychotherapists, and other healing professionals as well as special applications such as medical student training and terminal care.

For international readers, the book provides not only great insight into the successful work to introduce and broaden Balint's ideas and group work in Poland, but it also provides an important general overview of the origins of Balint's groundbreaking ideas and methods. As such it is a reminder to those experienced in Balint groups and a beginning foundation for those new to the work of many of the important aspects of Balint's work. Balint's recognition of the need for physicians to approach patients in a holistic manner, with an awareness of the interplay between the patient's expressed needs and emotions and their own is described by the authors from their own perspectives, and these new voices lend credence to Balint's fundamental ideas and applications.

The chapters are also all well referenced for those wishing to access source materials, and the resulting reference list provides a very impressive overview of the depth and breadth of writing and research on Balint group work internationally over the past 50 or more years.

In summary, it is with eagerness that we can welcome this newly translated book with its fresh testimony to the value of Balint groups to the literature on Balint work available to English language readers. It should have broad appeal and interest to readers worldwide.

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