From the Editor

Od redakcji

e are providing the Readers with the next issue of Art of Healing and with it the information of intense efforts of the editorial team to raise the status of the Periodical. What they have achieved so far is for example putting it on the ministerial list of scored periodicals, raising the score of the periodical in IC, which is now 88,64 points, as well as a change of the publisher planned for the next calendar year. The next issues then will be published by the Jagiellonian University Publishing House, known for its high position on the publishing market of books and periodicals. Aiming at a higher score, we regret to part with the existing FALL publishing company, which for the last years has been supporting us earnestly and with great commitment in preparing subsequent issues of Art of Healing. At the same time we hope that our next actions connected with efforts concerning registration of the periodical in the next major foreign bases will be successful.

Our intention was to devote the whole present issue to the current subject of the pandemic. We received relatively few texts that we had counted on, so this subject is present only in three articles. Perhaps it is partially a reflection of a generally hardly predictable situation, in which taking up urgent and serious challenges, including those accompanying the present pandemic, is still taking place in the circumstances of great uncertainty, contradictory and incoherent information, making it

difficult to make accurate predictions concerning the future.

The issue opens with studies by three authors, who are: Ieva Stankutė, Mindaugas Stankūnas and Katarzyna Czabanowska. The title of the text is Leadership and crisis management of COVID-19 pandemic in Lithuania - a survey among public health professionals. The research presented in the article carried out in the institutions of public health in Lithuania seems to indicate that their employees assess better the functioning of health care during the first wave of COVID-19 than during the next one. This conclusion indirectly reveals that the conditions accompanying the present pandemic and its features make learning based on experience difficult. Perhaps it is also about growing expectations which regard ensuring the sense of security to the citizens.

The next article is of an illustrative character, although it refers to the experience got out of the practice of a psychologist-psychotherapist working online mainly with children and youth. This article written by Milena Maryon-Nowak, entitled *Online psychotherapy of children and adolescents – a new challenge in the context of a pandemic COVID-19*, picks up a relatively new and very interesting aspect which is the development of online therapy in reference to emotional problems which adolescents and children struggle with because of the present pandemic. As the author points out, it seems important to search for alternative ways

of conducting therapies online and optimizing this kind of support.

Another article referring to the issue of SARS-CoV-2 is the work of Bogusław Stelcer, entitled *COVID-19 – the fear of pandemic*. The author indicates the element of fear which is accompanying the pandemic and the consequences of cooperation or just the opposite – sharp divisions appearing in the face of the serious danger that it brings.

The next text is an interesting article by Dorota Kubacka-Jasiecka entitled *Tattooing* and piercing – impact of cultural patterns or self-destructive behaviour? The author picks up the complex issue of motivation and psychological mechanisms of popular and nowadays fashionable forms of beautifying and modification of the appearance of one's own body by its tattooing and piercing.

Another work included in the present issue is an article by two authors Ryszard Praszkier and Michał Wroniszewski entitled *Autism and synchronization*. In this article the authors indicate the significance and possibilities of therapeutic application of the phenomenon

of synchronization through specific exercises of feeling rhythm by people undergoing treatment, particularly autistic children.

The last article is a text returning to the subject of the pandemic, this time in a historical spin. It is an article written by Katarzyna Pękacka-Falkowska, entitled *The sermon 'Ob man vor dem Sterben fliehen möge' (1527) by Martin Luther as an ideological basis of the fight against plague and ethics of duty tempore pestis among Augsburg Evangelicals: some introductory remarks.* This, as it seems, quite hermetic study particularly emphasizes the thread of importance of solidarity and unity of people in the face of danger and big tragedies and disasters, quite frequently indicated in various articles.

The second issue 2021 of *Art of Healing* closes as usual with a list of reviewers who have reviewed the articles of this year. We would like to thank all of them.

At the end, we wish all our Readers both an interesting read of the articles included in the present issue and well-being in the approaching New Year 2022.

> Editorial Office of *Art of Healing* Joanna Bonior and Marek Motyka